



Fire

- Heart
- ♦ Pericardium
- Small Intestine
- Duodenum
- (n) / ♦ Lesser Omentum
- ♦ Greater Omentum
- ♦ Areas of Brown Adipose Tissue (BAT)

Wood

- Liver
- ♦ Gallbladder
- / ♦ Brain
- ♦ Thyroid
- (n) Nerves
- (n) Blood Vessels

Earth

- ♦ Stomach
- ♦ Esophagus
- ♦ Pylorus
- / ♦ Pancreas
- Spleen
- Marrow

Water

- Kidney
- ♦ Adrenal
- ♦ Bladder
- Uterus
- ♦ Prostate
- (n) Fluid Fascial Matrix
- ♦ Periosteum

Metal/Air

- Lung
- ♦ Large Intestine
- ♦ Skin
- Lymphatics
- (n) Peritoneum
- Bone
- (n) / ♦ Dura



The Tan Cycle

Organ Affiliations
for Clinical Application

Dominant Energy

- - yin
- ♦ - yang
- (n) - Neutral